# 7 DAY DECLUTTER & Organize Challenge

## **DAY 1- GETTING STARTED**

Set the intention for this 7 day challenge. What is the end goal?

# **DAY 2- KITCHEN DECLUTTER**

Some of the greatest moments are gathered around the table. Let's declutter and organize the kitchen and pantry.

#### **DAY 3- BEDROOMS**

Lets clean and organize the Zen Den. One of our safest spaces is our bedroom. Dont forget to



<u>DATE</u>	<u> March 1-7 2022</u>
<b>SUBJECT</b>	Spring Cleaning

MELANIN COUNSELOR CALENDLY.COM/MY-MELANIN-COUNSELOR

light a fragrent candle.

### DAY 4- BATHROOMS

Privacy Please. Whats under that sink??

### DAY 5- CLOSETS/LINEN

Out with the old and in with the new. Take the oppurtunity to purge and organize. Yes, its ok to keep that sweater from 1984 but maybe retire the seets.

#### DAY 6- LAUNDRY/STORAGE

Laundry service open. Same day service-do it yourself! Let's organize the laundry/mud room/utility room.

#### **DAY 7- CONGRATULATIONS**

Enjoy and reaps the fruits of your labour. O yea. Dont forget to light a candle.

